

9-15 June  
2025

**MEETING  
LONELINESS  
TOGETHER**



**LONELINESS AWARENESS WEEK  
COMMUNITY RESOURCE PACK**

Download, print, and share these resources with your community group to take part in Loneliness Awareness Week! We'd love to share your magic on our social media channels – get involved using our hashtags

**#LonelinessAwarenessWeek #MeetingLonelinessTogether #LAW25**

# Connection Coupons

Place them in a jar and take a lucky dip, use them as personal prompts, or give them out to others.



*Marmalade*  
TRUST

## Connections Coupon

Come together (virtually or in person) over a cup of coffee or tea.



*Marmalade*  
TRUST

## Connections Coupon

Conversation starters: What's your favourite movie? If you could have any superpower, what would it be?



*Marmalade*  
TRUST

## Connections Coupon

Take an online quiz as a group



*Marmalade*  
TRUST

## Connections Coupon

Play Pictionary



*Marmalade*  
TRUST

## Connections Coupon

Practice yoga for five minutes



*Marmalade*  
TRUST

## Connections Coupon

Play a "Two Truths and a Lie"  
Game



*Marmalade*  
TRUST

**Connections Coupon**  
Walk around the block



*Marmalade*  
TRUST

**Connections Coupon**  
Have lunch outside

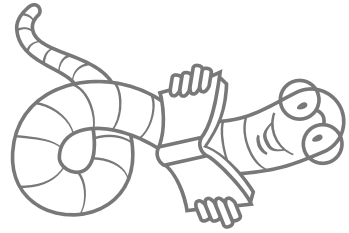


*Marmalade*  
TRUST

**Connections Coupon**  
Compliment Jar  
Set one up and  
read them aloud

# Book review bookmark

Colour in a bookmark, write a short review, and leave it in your favourite book for the next reader to find!



## Book Review

Hello!

I've read this book as well.

I loved it because ...

---

---

---

---

---

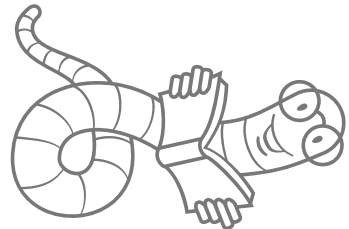
---

---

---

---

---



## Book Review

Hello!

I've read this book as well.

I loved it because ...

---

---

---

---

---

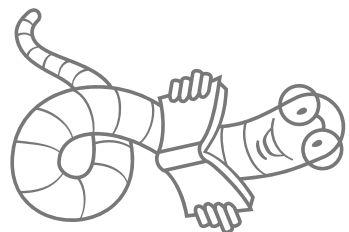
---

---

---

---

---



## Book Review

Hello!

I've read this book as well.

I loved it because ...

---

---

---

---

---

---

---

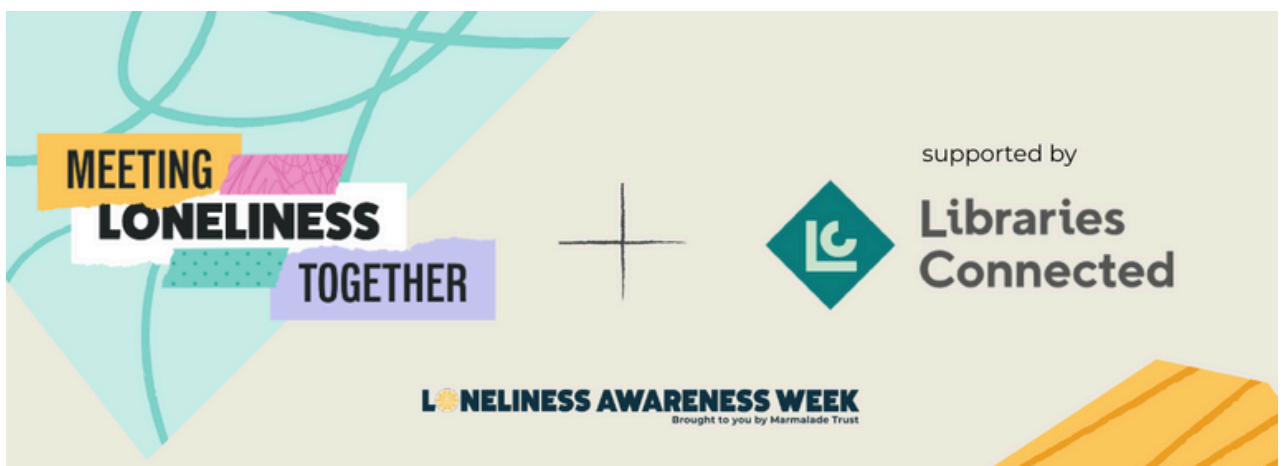
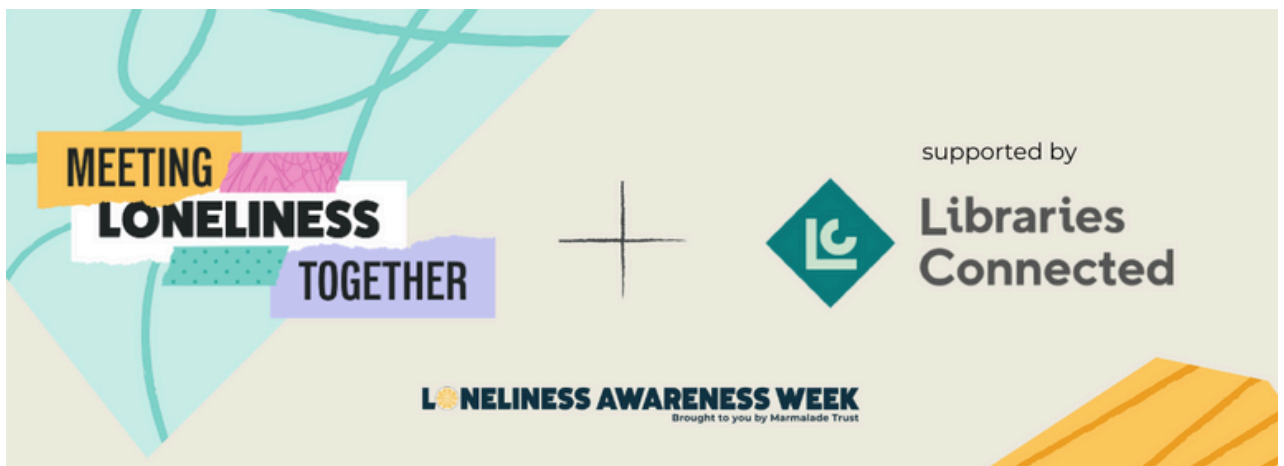
---

---

---

# Libraries bookmark

Meeting Loneliness Together bookmarks. to print and cut out.



# Connection Cards

Fill in a connection card and use them to start a conversation about making connections in your group.

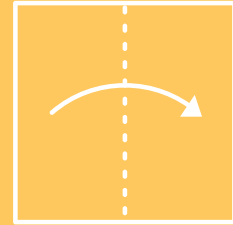
**I feel connected when...**

**I feel connected when...**

**I feel connected when...**

# Chatty Table Signs

Place these signs on tables to indicate places where people are encouraged to share conversations with new people.



**Sit here for a chat**  
**CHATTY TABLE**  
**LONELINESS AWARENESS WEEK**



**LONELINESS AWARENESS WEEK**  
**CHATTY TABLE**  
**Sit here for a chat**

**Sit here for a chat**  
**CHATTY TABLE**  
**LONELINESS AWARENESS WEEK**



**LONELINESS AWARENESS WEEK**  
**CHATTY TABLE**  
**Sit here for a chat**



# Connection Postcards

Send a postcard to someone you know to brighten their day.

POSTCARD



A light gray rectangular template for a postcard. It features a vertical line on the left side, a horizontal line near the top right, and a series of horizontal lines for writing. A small square with a dashed border is located in the top right corner, representing a stamp box.

## Postcard ideas

Tell the recipient something you are grateful for about them

Give the recipient a reason you think they are great

Share a joke

Say thank you

Tell the recipient how they have inspired you

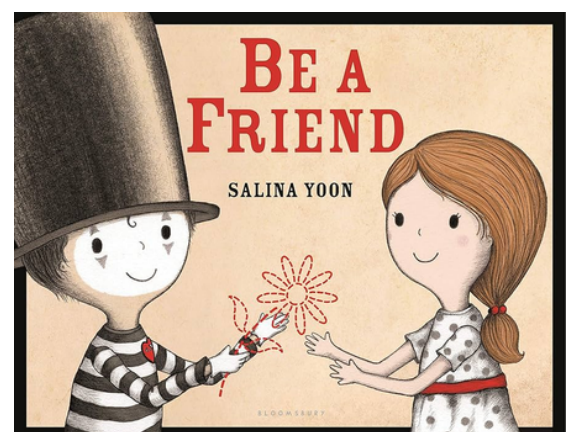
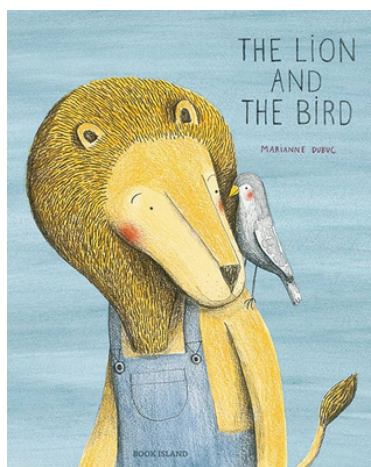
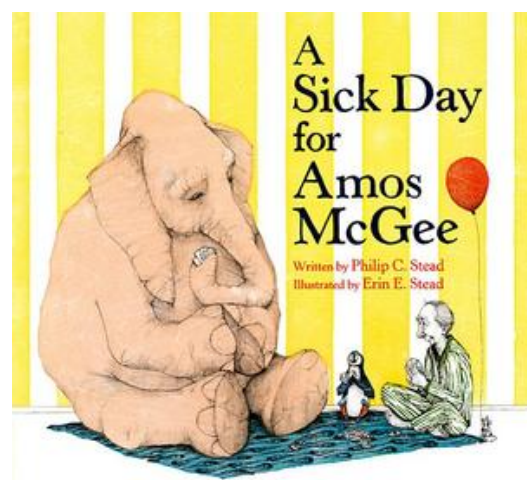
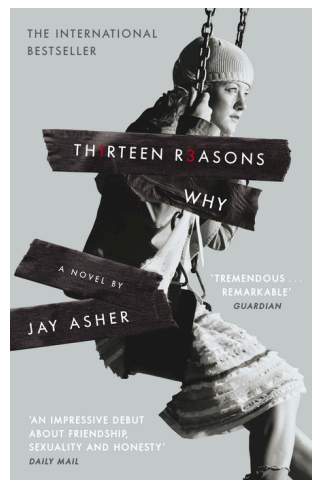
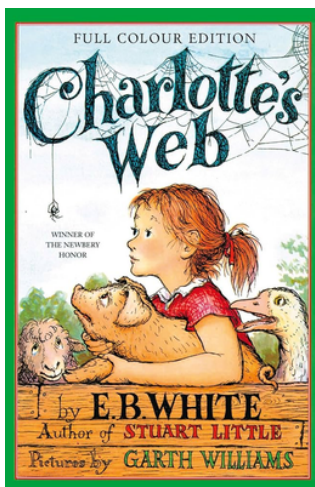
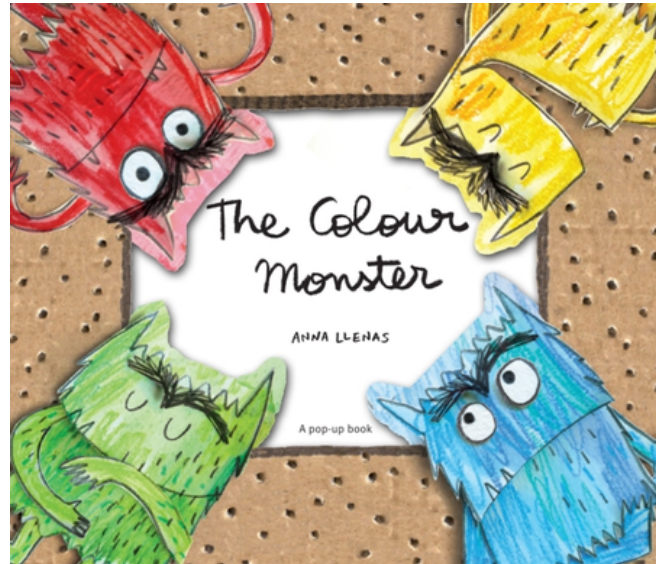
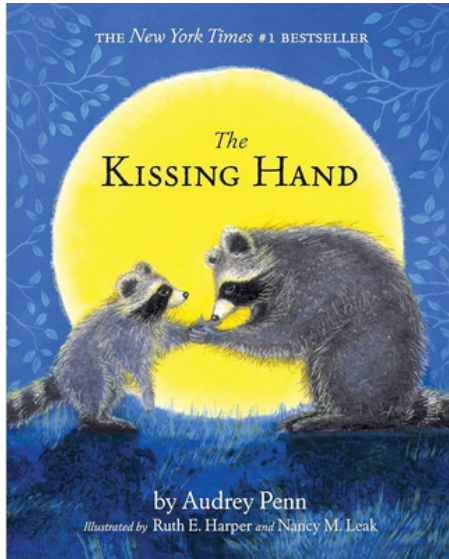
POSTCARD



A light gray rectangular template for a postcard, identical to the one above. It features a vertical line on the left side, a horizontal line near the top right, and a series of horizontal lines for writing. A small square with a dashed border is located in the top right corner, representing a stamp box.

# Books for Children

There are so many great books about making connections! These are just a few titles we have chosen. We gently remind parents / carers and teachers to check these books are suitable for their intended reader.





*Marmalade*  
TRUST

# You're invited!

**MEETING**

**LONELINESS**

**TOGETHER**

**For:**

---

---

**Where:**

---

**Date:**

**Time:**

---

**RSVP:**

---

**LONELINESS AWARENESS WEEK**